

FREEDOM PACK

Adultery, Fornication, and Dating

Pastor Jim Langlois

Establishing a Good Foundation...

- God knows what is best for us, therefore...
- God commands us to do what is best for us, because...
- God is not trying to hurt us or take away life, rather, his will for us is abundant life, and...
- God wants us to live a happy, successful and long life!

If all the above is true, then His definition of sin is correct and designed to help us not hurt us. He wants us to have happy and successful relationships, marriages, and families.

All we have to do to see if He is right, is to look at the world...

- Sex before or outside of marriage is the cause of almost all sexually transmitted diseases.
- Sex before or outside of marriage is the cause of almost all teenage, and unwanted pregnancies.
- Sex before or outside of marriage is the cause of almost all abortions.
- Sex before or outside of marriage causes hundreds of thousands of children to be brought up in single parent homes.
- Sex outside of marriage is one of the greatest causes of divorce.
- Sex before or outside of marriage, is sin, it always causes problems, it never helps in the decision of marrying someone, it always causes confusion, it is always temporary, and it always causes long-term problems, complications, and tragedy.
- Remember, God knows what He is talking about!

1 Corinthians 6:18-20 (NKJV)

18 Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body.

19 Or do you not know that your body is the temple of the Holy Spirit *who is* in you, whom you have from God, and you are not your own?

20 For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's.

1 Corinthians 6:9-10 (NKJV)

9 Do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived.

Neither fornicators, nor idolaters, nor adulterers, nor homosexuals, nor sodomites,

10 nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners will inherit the kingdom of God.

Definition: Fornication is the English word translated from the Greek word "porneia." It's where we get the words porn and pornography. It stands for sex outside of marriage, any type of pornography, homosexuality, lesbianism, perversion, etc.

Galatians 5:19-21 (NKJV)

19 Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, 20 idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies,

21 envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told *you* in time past, that those who practice such things will not inherit the kingdom of God.

Definition: Adultery stands for those who are married having sex with someone else that they are not married to, or vice versa, those who are not married having sex with someone who is.

Scriptures to study and discuss...

- Exodus 20:14
- Leviticus 18:20
- Psalm 101:3-4 – *the eye*
- Proverbs 2:10-22 / 5:1-23 / 6:20-29, 32-35 / 7:1-27 / 9:13-18 / 11:6 / 14:2 / 23:26-28 / 28:18
- Matthew 5:27-32 / 6:22-23 – *the eye*
- Luke 11:33-36 – *the eye*
- 1 Corinthians 6:9-20 / 10:6-22 - *idolatry*
- Galatians 5:16-26 – *walk in the Spirit*
- Ephesians 5:1-14
- Colossians 3:1-11 – *idolatry*
- 1 Thessalonians 4:1-8
- Titus 2:11-15
- Hebrews 4:15
- 1 Peter 2:11-12
- 2 Peter 1:2-4
- 1 John 2:15-17
- Revelation 22:14-15

Tips on Dating...

Because the flesh is the flesh and we need to walk in the Spirit at all times...

- Never be alone with someone of the opposite sex (in a car, in a home, in your bedroom, etc.)
Avoid private time together in secluded places - do events with groups only.
- Holding hands is not recommended (highly not recommended – little things lead to bigger things)
- Kissing should never be allowed. It's the next step.
- Close dancing and the like are not recommended.
- Alcohol and drugs are out of the question.
- Make sure they are saved and have the same values you have.
- Don't be with other groups of people who are not saved, drink and do drugs
- Do not go to ungodly places, bars, dance halls, people's homes, etc.
- Never get horizontal on a date! Don't lay on the sofa or the floor together to watch TV.
- Make a commitment before the Lord to remain abstinent (free) until married.
- Choose your friends carefully. (Proverbs 12:26)
- Dress appropriately – not sexually – don't be a lure!
- If you are under 18 have your parents' permission.
- If you are under 18, report to your parents where you are going, where you will be at all times, and return home at the prescribed time.
- Have a cell phone with you in case of emergency.
- Make all your rules clear to the person you will be with during an event or date.
- If they are not saved and in agreement with your rules – don't go!

Sexually Transmitted Diseases

What are STDs?

Sexually Transmitted Diseases are infections that people get by having sex with someone who already has one. Some STDs can be treated and cured with antibiotic medicine, while others cannot be cured.

- You can have more than one STD at a time.
- You can get the same STD more than once.
- Most people who get STDs are under the age of 30, but they can affect any age.

STDs that can be treated and cured if discovered and treated early.

These STDs are caused by bacteria (a kind of germ).

- **Chlamydia:** An infection that most people do not have any signs of and do not know they have it. Some people have symptoms causing pain, burning, a thick yellow or clear discharge, and even swelling. It can produce a higher chance to receive aids. If a woman has it while pregnant it can cause harm to the baby's eyes or lungs during birth.
- **Gonorrhea:** An infection - very similar to the symptoms of Chlamydia. Many people do not know that they have it and show no signs. Can cause harm to a baby's eyes during birth.
- **Syphilis:** A dangerous disease that can affect the whole body. The signs of syphilis can be so mild that you may never notice them. The first sign is a painless sore, called a chancre (pronounced "shank-er"). It heals by itself even if it is not treated. But you still have syphilis After a few weeks or months, you may have some of these signs: rash, joint pain, fever, hair loss, sore throat, and headaches. These signs may also go away without treatment, but you still have the disease. If not treated, over time syphilis can cause serious health problems, such as: blindness, brain damage, heart disease and death. If a woman has syphilis while she is pregnant: Her baby could have serious birth defects and her baby may be born dead.
- **Trichomoniasis:** Most often, men don't have signs. Sometimes, they may have an itching or a burning feeling when they go to the bathroom. Some women don't have signs, but many do. Women may have these signs: A foamy, smelly, yellow, green, or gray discharge, Itching or burning when they go to the bathroom. It can cause a higher chance of getting HIV or another STD. If a woman has this while she is pregnant, her baby may be born too small or too early.
- **Female infections:** There are several kinds of female infections. Not all of these are caused by having sex. But they can be spread that way. The most common female infections are Yeast Infection and BV.

STDs that can be treated but NOT cured.

These STDs are caused by a virus (another kind of germ).

- **Genital Herpes:** It causes small, painful sores or blisters. The sores can come and go. But once you get herpes, the virus is always in your body. Most people with herpes get signs of the infection. But some people don't. Most people get blisters or sores. These blisters or sores are different for everyone: Some people get a painful rash of blisters or sores. Some get only a blister or two that just itch. Some people feel like they have the flu along with the blisters. The sores and blisters will heal. Some people get the sores only once. Some people get them many times. Even when you have no sores or blisters, the herpes virus is in your body, and you can pass herpes to others. Herpes cannot be cured. It can cause these problems: You can pass it on to others. You have a higher chance of getting HIV (the virus that causes AIDS). Your baby could get herpes while being born. Genital herpes can't be cured, but there are medicines that may help the sores heal more quickly. Some medicines may also make the blisters come less often, stay a shorter time, and be less painful.
- **Genital Warts (HPV):** Genital warts are small, often painless bumps. They are caused by a virus (a kind of germ). It is called HPV (the human papilloma virus). Even if the warts go away or are removed, the virus stays in your body and can be spread to others. Some people don't show signs even though the wart virus is in their skin. Others do have signs. The bumps may grow in bunches or clusters. They may itch. The virus can be spread to others even when there are no signs. Genital warts can be treated but not cured. The treatment can help make you feel better and can help take away the warts. But you will always have the virus. Having the virus can cause these problems: You can pass it to others, and you have a higher chance of getting HIV (the virus that causes AIDS). If a pregnant woman has genital warts, she could have these problems: The warts could grow and block the birth passage. The baby could get

the virus. Some wart medicines are not safe for pregnant women to use. If a woman has the kind of HPV that causes genital warts, she may also have another kind of HPV that causes cervical cancer.

- **Hepatitis B:** Hepatitis B is an infection of the liver. It can't be cured. Hepatitis B is caused by a virus (a kind of germ). You could get Hepatitis B if you: Have sex with someone who has the virus, share needles or drugs, share earrings, razors, nail clippers, or toothbrushes, pierce your body or get a tattoo when infected tools are used, touch infected blood or bodily fluids. People can have hepatitis B without knowing it. They may feel fine. Or they may just feel like they have the flu. Even if you have no signs, hepatitis B can be spread to others. Some people get these signs: Yellow skin or eyes, no appetite (they don't want to eat), feeling tired, brown or dark urine, light or gray stools, Some people have pain in their: Stomach or abdomen, muscles, and joints. There is no cure for hepatitis B, but in some people, it goes away on its own. There is medicine that can help the liver of people who have chronic hepatitis. Hepatitis B can cause these problems: You can give it to others, you have a higher chance of getting HIV (the virus that causes AIDS). Chronic hepatitis can badly damage your liver. It can lead to cancer and even death. If a woman has hepatitis B while she is pregnant, she should tell her doctor right away. Her baby could be born with it. The baby will need special shots right after birth.
- **HIV / AIDS:** HIV is the virus that causes AIDS. You can get HIV if you do any of the following: Have sex with someone who has HIV, share needles with someone who has HIV. Be aware that: A mother who has HIV can pass it on to her baby before the baby is born, during childbirth, or through her breast milk. If you have any other STD, it could be easier for you to get infected with HIV. You can have HIV and not know it. It can be months or years before you feel sick or have any serious signs. But you can still pass HIV to others. Though some people have no symptoms, some signs of HIV may include: Rapid weight loss, fever, diarrhea, night sweats, feeling very tired, and thrush. If you get HIV, it can affect every part of your body. Treatment can help with this, but the virus is still in your body and you can pass it to others. HIV can cause these problems: you can give it to others, you have a higher chance of getting other STDs and infections. Over time, HIV keeps your body from fighting off diseases. When your body can't fight off diseases, you could get infections often. You might also have: Dangerous weight loss, cancer, mental problems, and blindness. HIV can also cause death. If a woman has HIV and is pregnant, she should tell her doctor right away. Her baby will need special care all though the pregnancy. And the baby could be born with HIV. HIV can't be cured. There are some medicines that can slow down the growth of HIV for a long time. But the virus is still in the body. It can still be passed to others.

ALL STDs left untreated can:

- Be painful and make you very sick. A few can even cause death.
- Make it hard for a woman to get pregnant when she wants to.
- Make a man unable to father a child.
- Cause birth defects or other health problems for a newborn.

Another thing that can be transmitted, and treated:

- **Pubic Lice:** Also called "crabs," pubic lice are parasitic insects found in the private area of humans. Pubic lice are usually spread through sexual contact. Rarely, infestation can be spread through contact with an infested person's bed linens, towels, or clothes. A common misunderstanding is that infestation can be spread by sitting on a toilet seat. This isn't likely, since lice cannot live long away from a warm human body. Also, lice do not have feet designed to walk or hold onto smooth surfaces such as toilet seats. Treatment is through a medicated shampoo over 7-10 days to kill both the adult lice and eventually the lice born from eggs. Clothing and bedding must also be treated by thorough washing.

My Covenant with God

I covenant before God to remain sexually abstinent until I am legally married by law, and to stay away from (not be involved with) any form of perversion or pornography from this day forward.

According to the original Bible Greek and Hebrew words, I understand the definitions of fornication and adultery to be...

Definition: Fornication is the English word translated from the Greek word “porneia.” It’s where we get the words porn and pornography. It stands for sex outside of marriage, any type of pornography, homosexuality, lesbianism, perversion, etc.

Definition: Adultery stands for those who are married having sex with someone else that they are not married to, or vice versa, those who are not married having sex with someone who is.

I believe, according to the scriptures below that fornication, adultery, pornography, homosexuality, and lesbianism are sin in the sight of God.

I also believe that...

- God knows what is best for me, therefore...
- He commands me to do what is best for me, because...
- He is not trying to hurt me or take away my life, rather, His will for me is abundant life, and...
- He wants me to live a happy, successful and long life, therefore...
- His definition of sin is correct and designed to help and not hurt me, and...
- He desires for me to have a blessed life, and if I marry, a blessed marriage and blessed family.

I am doing this for several reasons:

- In obedience to God and His Word (Exodus 20:14)
- I am a born again Christian and Jesus is Lord of my life. (John 3:3-7, Romans 10:9-10,13)
- My body is the temple of the Holy Spirit who is in me. I am not my own. I was bought at a price. Therefore, I will glorify Him in my body and in my spirit which are God’s. (1 Corinthians 6:18-20)
- The unrighteous will not inherit the Kingdom of God. (1 Corinthians 6:9-10)

My Prayer...

Lord, I ask you to help me fulfill this covenant. I ask you for strength and wisdom. Strength to walk in the Spirit at all times, and wisdom in my decisions as to who to be with, where to go, what to be involved in, and who my friends should be. (Proverbs 12:26) I ask you to help keep me from stumbling (Jude 24), and keep me from evil that I might not hurt myself and others (1 Chronicles 4:10) Guide me by your Spirit so I can remain pure. I pray this In Jesus Name, Amen.

Date: _____

Name (print) _____

Signature: _____

Exodus 20:14 / Leviticus 18:20 / Psalm 101:3-4 – *the eye*
 Proverbs 2:10-22 / 5:1-23 / 6:20-29, 32-35 / 7:1-27 / 9:13-18 / 11:6 / 14:2 / 23:26-28 / 28:18
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